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GALLI GALLI SIM SIM™

Parents and Educators



Make a Proud Box

Suggested Age

- Pre-Kindergarten
- Kindergarten
- Standard I

Educational Goal

- Encourage children to feel and express feelings of self-worth and confidence in their own abilities and efforts

Materials

- Empty container
- Paper
- Markers, pens, crayons, or pencils



Directions

1. Discuss what it means to be proud. Have your child think of a moment when he or she felt proud. Ask you child, "What did you do? Why did you do it?"
2. Have your child draw pictures of the things he or she is proud of. Put these pictures in the container.
3. Have your child decorate the outside of the container.
4. The next time your child feels sad or frustrated, go through the Proud Box. Remind your child of all the things he or she can do.

Additional Activities

- Continue to add to the Proud Box on a regular basis.
- Make a proud box for other members of the family or friends. Have your child think about when he or she was proud of someone else, and when someone else was proud of him or her.